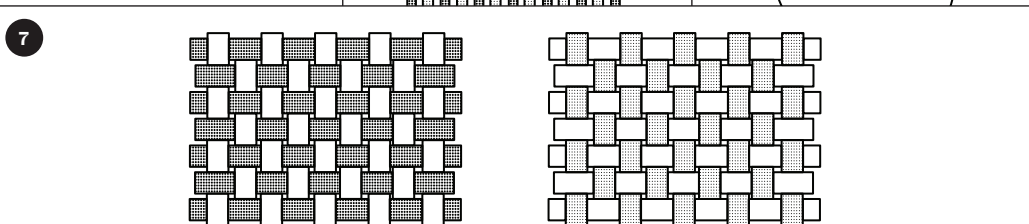
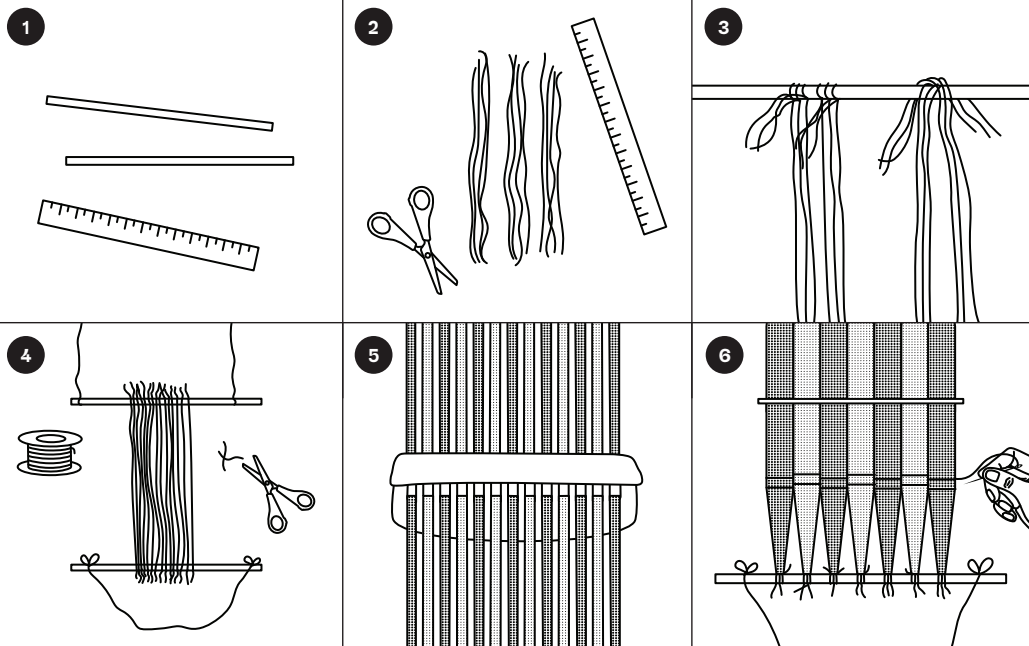
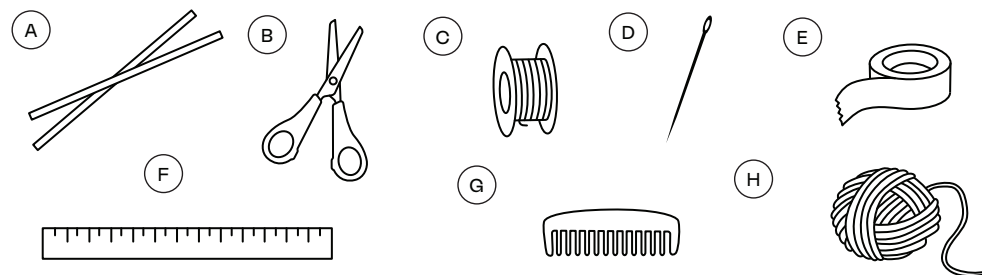


This is Art Club! Backstrap Weaving

Lesson by Aoife Keogh
With a Special Thanks to
NCAD, School of Education

What you'll need!

- A. Two Sticks, Dowel rods or Bamboo
- B. Scissors
- C. Strong Twine
- D. Large Needle
- E. Tape
- F. Ruler
- G. Plastic Comb
- H. Different Coloured Yarn/Fibres



A few simples steps Backstrap Weaving



Clár Fíre Idirnách
Creative Ireland
Programme
2017-2023



RTÉ | NCAD

What is a weft and a warp yarn?
A weft runs back and forth.
A warp runs up and down.

It is ideal to have six lines of weft colour yarn that are used in each band, using the same number of coloured warp and weft threads creates squares of colour and a check pattern in your fabric.

- 1 Loom bars**
 The dowel rods should be 30cm in length and 0.5cm in diameter.
 Collect two sticks that are the same length for the loom bars, such as a bamboo stick or dowel rod. Make sure they don't have any splinters.
- 2 Measure thread**
 The length of the warp should measure 50cm in length.
 Gather your warp threads and cut them all to the same length. Wrap them neatly so they don't get tangled.
- 3 Some tension**
 Start tying up your warp threads from the top to the bottom loom bar, keeping the tension on the threads even. Use a simple wrap knot to secure them.
- 4 Tie the twine**
 Tie the top loom bar to the leg of a table and tie the bottom loom bar around your waist.
 Once all of the weft threads are tied to the loom bar, cut two long lengths of twine to tie on to each side of the top loom bar. Repeat this for the bottom bar, but with one long length of twine.
- 5 Combing**
 Use the comb to keep the threads separated and tape the edge of the comb to stop the threads loosening.
- 6 Wrap around**
 Gently lean back to create some tension on the warp threads.
 Prepare your weft threads by cutting them to the correct length. Select your first weft thread and thread it through the needle. Then secure the twine around your waist.
- 7 Get weaving**
 To finish the weaving, you can tie knots to secure the warp ends, tie tassels or pompoms onto the threads for decoration or tie up the warp ends to a rod or stick.
 Begin to weave your needle over one and under one, to create a plain weave pattern. Repeat this side to side, alternating the weft on each row. At the end of each colour band, wrap the weft around a couple of the threads to secure it. Once finished, simply untie the fabric and hang it up for show.